

Advancing Inclusive Health Research for Building a Resilient Global Health

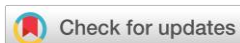
Md. Alahi Khandaker^{1,*} 

* Bangladesh Center for Health Studies,
Dhaka, Bangladesh; dralahi@gmail.com.

¹ Bangladesh Center for Health Studies,
Dhaka, Bangladesh; dralahi@gmail.com

Abstract: The evolving global health landscape presents a complex interplay of opportunities and challenges, requiring robust, interdisciplinary, and policy-relevant research to guide effective decision-making. This editorial introduces Health Research Review (HRR) as a scholarly platform committed to advancing high-quality research across clinical, public, and global health domains. It highlights the critical need to bridge the gap between evidence generation and real-world application, particularly in low- and middle-income contexts where systemic constraints often limit the implementation of evidence-based interventions. The editorial emphasises the importance of integrating diverse disciplines—ranging from medicine and epidemiology to health economics and behavioural sciences—to address multifaceted health issues. It further underscores the journal's commitment to methodological rigour, ethical integrity, and global inclusivity in promoting impactful research. By fostering dialogue among researchers, practitioners, and policymakers, HRR aims to strengthen health systems, inform equitable policies, and support sustainable improvements in population health. The editorial also outlines emerging priorities, including digital health innovation, climate-related health risks, and health system resilience, positioning HRR as a forward-looking forum for transformative health research.

Keywords: Health research; Public health; Health systems; Global health; Evidence-based policy; Health equity; Interdisciplinary research; Digital health; Health governance; Sustainable healthcare.



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The contemporary global health landscape is characterised by both unprecedented progress and persistent, complex challenges. Advances in medical science, digital technologies, and public health interventions have extended life expectancy and improved quality of life across many regions. Yet, inequities in access to care, emerging infectious diseases, the growing burden of non-communicable diseases, and the intensifying impacts of climate change continue to strain health systems worldwide. In this dynamic and often uncertain environment, the role of rigorous, interdisciplinary health research has never been more critical. The *Health Research Review (HRR)* emerges as a timely and essential platform dedicated to fostering high-quality scholarship that informs policy, strengthens health systems, and ultimately improves population well-being.

The rationale for this editorial rests on the pressing need to bridge the gap between knowledge generation and real-world application. While the volume of health-related research has grown exponentially, the translation of evidence into practice remains uneven across regions and sectors. Many low- and middle-income countries, in particular, face systemic barriers such as limited infrastructure, workforce shortages, and fragmented governance, which hinder the effective implementation of evidence-based interventions. HRR is positioned to address this gap by promoting research that is not only methodologically robust but also contextually relevant and policy-oriented. By encouraging stud-

ies that integrate clinical insights with public health perspectives and economic considerations, the journal seeks to contribute to a more holistic understanding of health systems and their functioning.

A defining feature of HRR is its commitment to interdisciplinary scholarship. Health outcomes are shaped by a complex interplay of biological, social, economic, and environmental determinants. As such, addressing contemporary health challenges requires collaboration across diverse fields, including medicine, epidemiology, health economics, behavioural sciences, and environmental studies. HRR recognises that siloed approaches are insufficient to capture this complexity. Instead, the journal promotes integrative research that examines health issues from multiple vantage points, enabling more comprehensive and sustainable solutions. For instance, studies on digital health innovations must consider not only technological feasibility but also ethical implications, user accessibility, and regulatory frameworks. Similarly, research on disease prevention must incorporate behavioural insights and socio-economic contexts to ensure effectiveness and scalability.

The journal's scope reflects the breadth of contemporary health research priorities. From epidemiological surveillance and infectious disease control to chronic disease management and mental health interventions, HRR provides a platform for diverse yet interconnected areas of inquiry. The inclusion of topics such as health financing, governance, and policy analysis underscores the importance of systemic factors in shaping health outcomes. Financial protection mechanisms, efficient resource allocation, and transparent governance structures are critical components of resilient health systems. By encouraging research in these areas, HRR aims to inform policies that enhance equity, efficiency, and sustainability in healthcare delivery.

Another central theme of HRR is the emphasis on methodological rigour and ethical integrity. In an era where misinformation and low-quality evidence can have significant consequences, maintaining high standards of research quality is paramount. The journal advocates for the use of robust analytical methods, transparent reporting, and adherence to ethical guidelines in all submissions. This commitment extends to the promotion of reproducibility and data transparency, which are essential for building trust in scientific findings. Furthermore, HRR encourages the use of advanced methodologies, including systematic reviews, meta-analyses, and mixed-methods approaches, to generate comprehensive and reliable evidence.

The audience of HRR is intentionally broad, encompassing researchers, clinicians, policymakers, development practitioners, and academic institutions. This diverse readership reflects the journal's mission to serve as a bridge between academia and practice. For researchers, HRR offers a platform to disseminate innovative findings and engage with a global scholarly community. For policymakers and practitioners, the journal provides access to evidence that can inform decision-making and programme design. By fostering dialogue among these stakeholders, HRR contributes to the co-creation of knowledge and the development of solutions that are both evidence-based and practically feasible.

Global inclusivity is another cornerstone of HRR's vision. Health challenges are inherently global, yet their manifestations and solutions are often context-specific (WHO, 2025; Marmot, 2020; Murray and Lopez, 2017). The journal is committed to amplifying voices from underrepresented regions and promoting research that addresses local realities while contributing to global knowledge. This inclusive approach is particularly important for understanding health disparities and advancing equity. By highlighting research on social determinants of health, vulnerable populations, and marginalised communities, HRR seeks to contribute to a more just and equitable global health landscape.

Looking ahead, the future of health research will be shaped by several transformative trends. The integration of digital technologies, such as artificial intelligence and big data analytics, holds significant potential for improving diagnostics, treatment, and health system management. At the same time, these innovations raise important questions about data privacy, equity, and ethical use. Climate change is increasingly recognised as a major determinant of health, influencing patterns of disease, food security, and environmental

conditions. Addressing these challenges requires interdisciplinary research and coordinated global action. HRR is well-positioned to serve as a platform for exploring these emerging issues and advancing innovative solutions.

The *Health Research Review* aspires to be more than a repository of academic articles; it aims to be a catalyst for meaningful change in global health. By promoting rigorous, interdisciplinary, and policy-relevant research, the journal seeks to contribute to the development of resilient health systems and the achievement of equitable health outcomes. As the global community continues to navigate complex health challenges, platforms like HRR play a vital role in shaping the future of health research and practice. Through its commitment to excellence, inclusivity, and innovation, HRR is poised to become a leading forum for advancing knowledge and improving health worldwide.

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